

**\*INSTRUCTIONS BEFORE YOUR SURGERY\***

**PLEASE CONTACT YOUR INSURANCE COMPANY TO VERIFY YOUR BENEFITS.**  
SOME INSURANCE COMPANIES REQUIRE PRE-AUTHORIZATION BEFORE SURGERY. PLEASE REFER TO THE BACK OF YOUR INSURANCE CARD FOR THE PHONE NUMBER TO CONTACT THEM DIRECTLY.

**BRING THIS FORM WITH YOU TO YOUR PRE-OP PHYSICAL ☺**

1. YOU WILL NEED A PRE-OP PHYSICAL WITH YOUR PRIMARY PROVIDER WITHIN **30** DAYS BEFORE YOUR SURGERY. PLEASE SCHEDULE AS SOON AS POSSIBLE.

Procedure: \_\_\_\_\_  Jeff Ley M.D.  Ben Buren D.P.M.

Anesthesia:  General  Spinal  Bier Block  Choice  Local/Mac

Baseline Blood Work please.  Any additional testing or blood work will be done per your primary provider's discretion. Call with question Lakes Orthopaedic Specialists #651-389-0189

\*\*\*If pre-op physical results need to be faxed, please fax to #651-982-7943\*\*\*

2. STOP ASPIRIN/IBUPROFEN **5** DAYS BEFORE SURGERY, UNLESS INSTRUCTED DIFFERENTLY BY YOUR PRIMARY PROVIDER.

3. **THE NIGHT BEFORE SURGERY: DO NOT EAT OR DRINK ANYTHING-NOT EVEN WATER AFTER MIDNIGHT.**

4. LEAVE ALL VALUABLES (JEWELRY) AT HOME. REMOVE ALL PIERCINGS.

5. WEAR LOOSE COMFORTABLE CLOTHING THAT WILL FIT OVER OPERATIVE SITE.

6. WASH SURGICAL SITE WITH ANTIBACTERIAL SOAP THE NIGHT BEFORE AND MORNING OF SURGERY.

7. YOU MUST HAVE AN ADULT TRANSPORT YOU HOME AFTER YOUR SURGICAL PROCEDURE.(Unless Hospital Admit)

8. YOUR SURGERY IS AT FAIRVIEW LAKES HOSPITAL 5200 FAIRVIEW BLVD. CHECK IN AT SAME DAY SURGERY(NORTH ENTRANCE) (#651-982-7940)\* (fax# 651-982-7943)

**A SAME DAY SURGERY NURSE WILL CALL YOU A FEW DAYS BEFORE YOUR PROCEDURE TO TELL YOU YOUR ARRIVAL TIME. IF YOU DO NOT HEAR FROM THEM (Within 24 Hours) CALL**

**#651-982-7940.(Office hours Monday-Friday 6 a.m. to 6 p.m)**

**YOUR SURGERY IS SCHEDULED FOR \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_**

\_\_\_\_\_ **LEY** \_\_\_\_\_ **BUREN**

**\*\* If medication refill is needed you must give a 48hour notice. No medication will be refilled after (3:00 p.m.) on Thursday or WEEKENDS and HOLIDAYS. Please contact your pharmacy for refill requests.**

**CLINIC APPOINTMENTS @ 5200 FAIRVIEW BLVD (MAIN FLOOR)**

**1<sup>ST</sup> POST (after) SURGERY APPOINTMENT \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ @ \_\_\_\_\_**

\_\_\_\_\_ **LEY** \_\_\_\_\_ **BUREN**

**2<sup>nd</sup> POST (after) SURGERY APPOINTMENT \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ @ \_\_\_\_\_**

\_\_\_\_\_ **LEY** \_\_\_\_\_ **BUREN**

**SURGERY SCHEDULING: SHERRIE #651-389-0185**

**MAIN LINE #651-389-0189**

**PRESS OPTION #1 FOR OFFICE APPOINTMENT**

**OPTION #2 FOR SURGERY SCHEDULING**

**OPTION #3 FOR MEDICAL QUESTIONS**

**Toll free number # 1-800-480-8796**